ADVANCE
PHYSICAL THERAPY
&
SPORTS MEDICINE

❒ **3032 BROADWAY • QUINCY, IL 62301**
(217) 222-6800 • FAX (217) 222-0037

❒ **927 BROADWAY, SUITE 100 • QUINCY, IL 62301**
(217) 222-9300 • FAX (217) 222-9400

❒ **3652 STARDUST DR. • HANNIBAL, MO 63401**
(573) 221-8800 • FAX (573) 221-1808

❒ **225 MAIN STREET • KEOKUK, IA 52632**
(319) 524-4900 • FAX (319) 524-4895

❒ **55 TROY SQUARE • TROY, MO 63379**
(636) 528-7333 • FAX (636) 528-7335

❒ **620 WABASH • CARTHAGE, IL 62321**
(217) 357-9000 • FAX (217) 357-9013

❒ **1100 E. OUTER ROAD SOUTH 61, SUITE 1 • CANTON, MO 63435**
(573) 288-3311 • FAX (573) 288-1223

❒ **1089 JASON PL. • CHATHAM, IL 62629**
(217) 483-5858 • FAX (217) 483-5855

❒ **144 EVERGREEN PARKWAY • LEBANON, MO 65536**
(417) 991-3440 • FAX (417) 991-3445

Patient's Name_____ Date of Birth_____ Date _____

Diagnosis_____Phone # _____

☐ EVALUATE/TREAT ☐ PHYSICAL THERAPY ☐ OCCUPATIONAL THERAPY

☐ **BACK CARE**
- ☐ Back Education
- ☐ Williams Flexion
- ☐ McKenzie Extension
- ☐ Functional Lumbar Stabilization

☐ **MANUAL THERAPY**

☐ **TRACTION**
- ☐ Cervical
- ☐ Lumbar

☐ **EXERCISE**
- ☐ Active ROM
- ☐ Passive ROM
- ☐ AAROM
- ☐ HEP
- ☐ Postural Exercise

☐ **MODALITIES**
- ☐ Phonophoresis
- ☐ Hydrotherapy
- ☐ Cryotherapies
- ☐ Electrical Simulation
- ☐ TENS
- ☐ Hot Packs
- ☐ Ultrasound
- ☐ Paraffin Bath

☐ **INDUSTRIAL SERVICES**
- ☐ FCE
- ☐ Ergonomics Assessment
- ☐ Job Site Analysis/Modification

☐ **ADL/IADL RETRAINING**
- ☐ Home Assessment
- ☐ Driving Assessment
- ☐ Wheelchair Assessment

TREATMENT GOALS:
- ☐ Increase ROM
- ☐ Increase Strength
- ☐ Increase Mobility
- ☐ Sensory Re-Education
- ☐ Decrease Edema
- ☐ Decrease Pain
- ☐ Home Program
- ☐ Patient Education
- ☐ Other:_____

_____

☐ Comments/Precautions_____

_____

Frequency & Duration:
- ☐ Therapist Discretion
- ☐ 1 2 3 4 5 days/week (circle one)
- ☐ _____weeks (number)
- ☐ Treatment Goals As Per Therapist Discretion Unless Otherwise Noted Above

Physician Signature_____

(I CERTIFY/RECERTIFY THAT SKILLED REHABILITATION SERVICES ARE NECESSSARY)